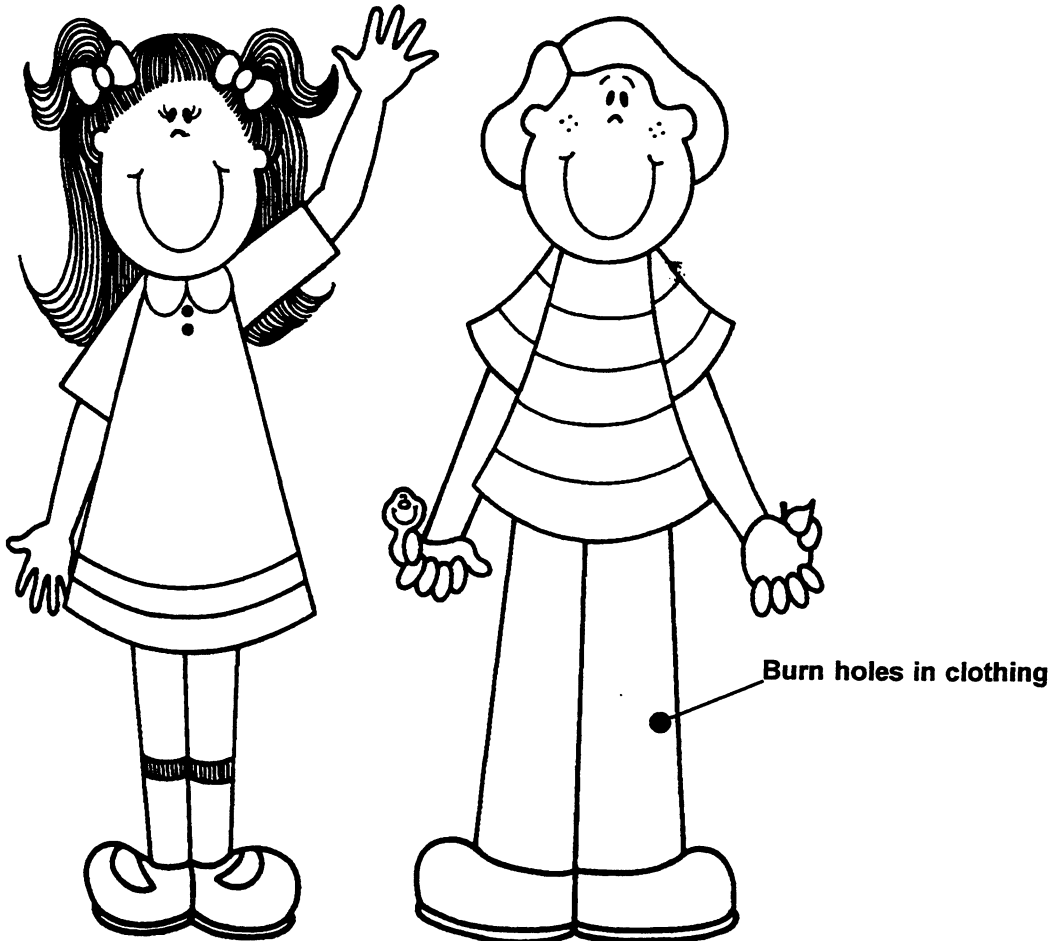




ANATOMY OF A SMOKER

Draw and label what would happen if Jen and Joe used tobacco.

Make sure to include: yellow teeth, stinky breath, early wrinkles, yellow stains on fingers, burn holes in clothing, stinky hair, stinky clothes, and any others you can think of!



RESPIRATORY ALERT!!!

Smoking can cause lung cancer, emphysema, bronchitis, and other respiratory infections.

Label the parts of the respiratory system as you follow a molecule of air from the nasal cavity all the way to the alveoli.

Cigarette smoking can damage all these parts.

Nasal Cavity - Where air first enters the body, through the nose.

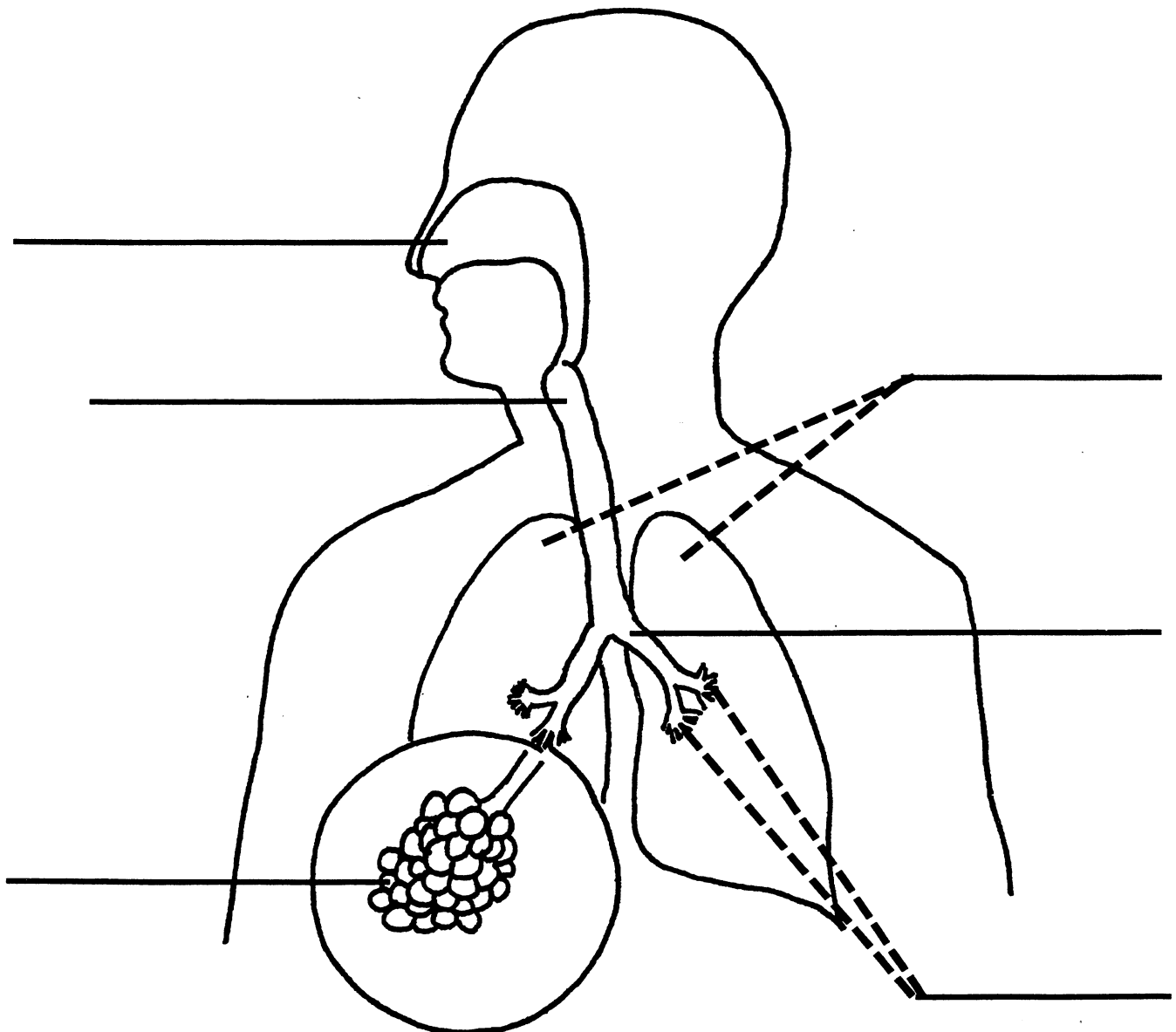
Trachea - Air continues down this tube, and into the bronchi.

Lungs - Smoking can damage these, turning them black.

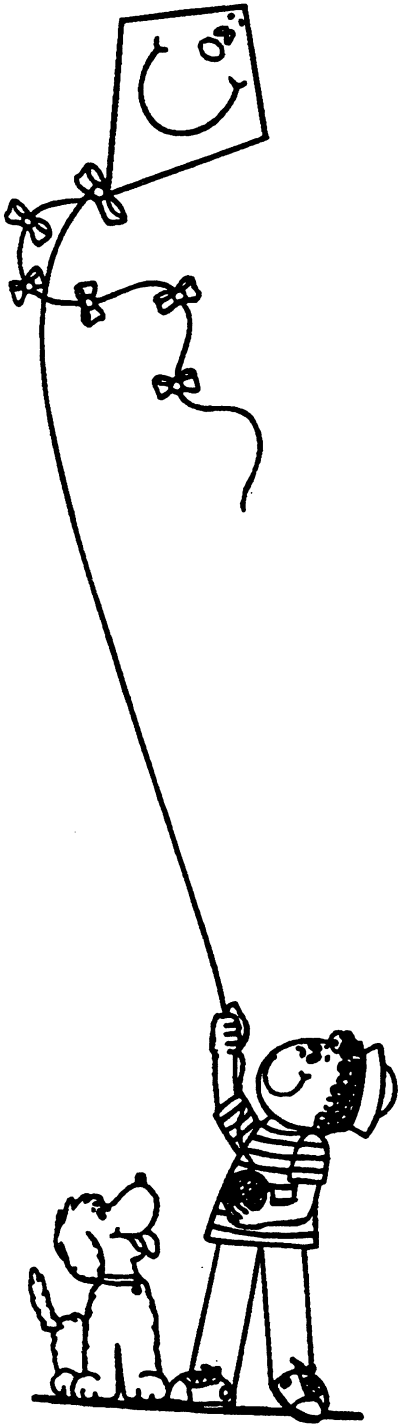
Bronchi - Branches off the trachea, leading into the lungs.

Bronchioles - Small branches off the bronchi. These lead into the alveoli.

Alveoli - The smallest part of the lungs, where oxygen is sent to the rest of the body.



**Draw a picture of something fun you can do instead
of using chewing tobacco.
The possibilities are endless...**



"I'm Too Smart To Start!"

Make a Top 10 list of reasons why you don't want to use tobacco.
Use some of the ones provided or make up your own.

*Smoking is a
dirty habit!*

Smoker's breath is gross!

1.

2.

3.

4.

5.

*Smoking is like
throwing money
away!*

*Cigarettes taste
awful!*

6.

7.

8.

Yellow teeth are ugly!

9.

10.

*I don't want to
get cancer!*

I'm too cool to smoke!

Once you start, it's hard to stop!